

Getting Around



Take-home challenge!

Overview

Work with your family to try out a more eco-friendly way of getting to school, the store, or another local spot. Reflect on what made it easy/hard, and how your community could support greener travel.

Learning outcomes

- Explore practical alternatives to car travel.
- Reflect on barriers and opportunities for sustainable transportation in their community.
- Connect personal experiences to broader goals of equity and environmental impact.

Proof to submit

Sample family trip reflections from the class (written, audio, or visual)

Curriculum Connections

- Health & Physical Education: Active transportation, physical activity, safety, wellbeing
- Geography: Transportation, communities, infrastructure, accessibility
- Social Studies / Civics: Equity, community planning, transportation policies
- Science: Transportation, energy use, environmental impacts

Materials

- Notebook or worksheet for reflections
- Optional: phone or camera for documenting the trip

Activity

Grades K to 6

Families plan and carry out one eco-friendly trip to school, the store, or another local place (e.g., walking, biking, public transit, carpooling – not private car). Students reflect on what worked well, what was tricky or unexpected, and share one idea with the class for how to make it easier or more fun for others.

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Grades 7 to 12

Families plan and carry out one trip using a sustainable travel option (e.g., walking, biking, public transit, carpooling). Students reflect on what felt easy or enjoyable, what challenges they faced, and what they discovered along the way. They then write a short reflection on how their community could make sustainable travel more accessible, rewarding, and widespread by improving infrastructure, services, or policies that shape how people get around. Key insights can be shared with their local council, if desired.

Accessibility: Not every student has access to safe walking or biking routes, public transit, or a family vehicle. Students who cannot complete a take-home trip can participate through a classroom-based alternative, such as:

- *Planning a local trip using a map or transportation app*
- *Comparing different ways of reaching a destination*
- *Role-playing a trip using different transportation options*
- *Interviewing a family or community member about how they get around*

Resources for teachers

Visit the [Live Net Zero Classroom Challenge website](#) for additional resources and information.